



Inn Meikangh(Home Fire)

Timhtuahnak Zohfelnak cizin

Inn meikanghnak hi United States chung ah laakhruak in a cang bikmi phun asi, cun thihnak, hmaputnak le ngeihchiah sunghnak pawl minute tlawmte chung ah a chuah ter kho tu asi. Ram pumpi chung ah inn meikanghnak hi nifatin a cang asinain timhtuahnak kan ngei kho. Nangmah le nangmah, na dawtmi hna le na inn khamhnak ding ah a tu in i timhtuah.



Inn Kangh Khamhnak/Runvennak

A tanglei a chekhaan himnak zulhding pawl zulhnak in na inn meikanghnak in na khamh khawh.



Him tein Rawlchuannak(Cooking Safety)

Rawlchuannak mei pawl hi inn kanghnak a can tertu le inn kanghnak hma a chuah pi tu ansi.

- Rawl na chuan lio ah na chuan mi rawl kha naih tein zoh peng cun cokaa ah um. Na kiomi cung ah na mit chia!
- Mei nih a tlaih khawhmi thil paoh— umcawinak, hmanmi thil pawl, rawl funnak pawl, kut hnawnak silole innka zaar — cokaa he a hlatnak hmun ah chiah.
- Mei thahnak i chiah law zeitindah hman asi timi cawng. Cawnnak(training) caah na umnak hmun ii mei-that zung pehtlai hna
- Rawlchuannak mei hmete na ngeih ahcun:
 - Meipung(stove) cung ah, a chin kha um(pan) cung in thawn nak in mei kha cok law a alh mi kha daih ter. A dih lak in a daih tiang um chin kha chia ta.
 - Rawlchuannak mei(oven fire) caah , a lin mi kha that law rawlchuannak kha a kutkaa khaar.

- Lungrinh in na um ahcun, a leng ah chuak colh ko!

Meipung(stove) silole rawlchuannak(oven) in mei ci nih thil pakhat khat a tlaih ahcun, a leng ah chuak colh. When you leave, close the door behind you to help contain the fire. Na chuah tik ah, mei a lawn lo nak hnga na hnulei innkaa khar ta.

- 9-1-1 silole na um nak hmun chung laak hruak nambar ah in leng in chawn hna.



A linhnak Himnak(Heating Safety)

Space mei peknak le mei umnak hmun tibantuk na pawng i linhnak peknak thilri pawl kha i ralring. Na laak khawhmi thil paoh a linhnak **in pe 3 a tlawmbik a hlaatnak ah chia hna.**



Electric mei Himnak(Electrical Safety)

Electric mei thilri pawl kha i ralring.

- Seh thilri pawl cu vampang ii plug poh ah bunh langmang hna. Chapmi hri pawl cu caan-tawi ca lawng ansi.
- Hri tha(power cord) kha zohfel. An poih silole an cah khawhnak hmun pawl asi mi kutkaa silole pher tang pawl ah an um lo nak hnga zoh fel.



Ngakchia Himnak(Child Safety)

Mei he "lentecelh" cu ngakchia caah ttih nung tuk. Kum fatin hi bantuk mei he lentecelhnak nih hin hmaputnak le thihnak tampi a chuahpi.

- Meilah le Meittek pawl cu ngakchia phak lo nak le hmuh lo nak hmun ah chia hna.
- Meilah silole meittek tongh lo ding in na fa cu cawnpia.



Kuakzuk Himnak(Smoking Safety)

Kuakzuknak hi inn kangh thihnak a chuahpi tu asi.

- Kuak na zuk ahcun, a leng ah zu. Kuakzuknak thilri pawl cu a thuk ii a hakmi kuakdap chiahnak hmun ah a mei that hna.
- Sii lei oxygen hmannah hmun ah zeitikhmanh ah kuak zu hlah silole ho hmanh kuak zuk ter hna hlah.
- Zeitikhmanh ah ihnak cung ah kuak zu hlah.
- E-cigarettes pawl hman nak ah i ralring. E-cigarettes hman tik, a tha tuin tik silole thhial tik ah mei kanghnak le hmaputnak faak pi a chuak kho.



Mei-lul Himnak(Candle Safety)

▪ Mei kanghnak a chuah khawh caah mei-lul hman kha hrial. Mah nak in Dahmei le a tha-tuinmi meichawng pawl hmang.

- Mei-lul na hman hrim a hauh ahcun, faak piin i ralring cun zeitikhmanh ah aa van buin leng chuah tak hlah.



Meikhu theihternak(alarm) caw law i chiah.

Meikhu theihternak(alarm) riantuannak nih nunnak tampi a khamh cun inn kanghnak chung ii thihnak a cheu a zawr ter khawh.

- Nan inn ah meikhu theihternak(alarm) ttha tein i chiah law rian a ttuan le ttuan lo punghmaan te'n hneksaknak tuah.
- Nan inn ii khoikaa hmun(level) paoh ah meikhu theihternak(alarm) i chiah, ihnak khaan chung le ihnak leng pawl ah.

- Nan inn a ummi minung vial te nih meikhu theiternak(alarm) a aww an hngalh ding le a awnh tik ah zeidah tuahding asi timi hngalh ding in chim hna.
- Hneksaknak hmehnak(test button) kha hmet law a tlawmbik tlakhat voikhak meikhu theiternak(alarm) vial te a that le tthat lo hneksak peng.

Meikhu Theiternak(alarm) Kong Tamdeuh

- Kum-10 battery a ngeimi meikhu theiternak(alarm) cu kum 10 leng tiang a ttha.
- 9-volt asi mi meikhu theiternak(alarm) pawl cu kum khat ah a tlawmbik voikhak battery thlen piak an hau.
- Meihrifik meikhu theiternak(alarm) pawl cu mei a mih tik sual ah tiah battery a hlei an ngei tawn. 9-volt battery theiternak(alarm) aww cu tthiat hram aa thok ahcun thlen hrim ding asi.
- Meitku theiternak tam deuh cu, tha(power) hrampi thleidan lo in, kum 10 tiang hman khawh ansi. Mah kum an phak tik ah meikhu theiternak vialte cu a thar thleng dih hna.
- Na theiternak(alarm) a aww tthiat ahcun, a battery tlawm cang ti nak asi.

- Kum-10 Battery – meikhu theiternak(alarm) a ning in thleng.
- 9 Volt Battery – A battery thleng law zeitik nithla ah dah an rak chuaumi theiternak(alarm)asi timi zohfel. Kum 10 leng a rauh cang ahcun thleng.
- Meihrifik – battery a hlei in chiah mi kha thleng cun zeitik nithla ah dah an rak chuaumi theiternak(alarm) asi timi zohfel. Kum 10 leng a rauh cang ahcun thleng.
- Meikhu theiternak(alarm) a chung lei an i pehtlaih dih kha ruat. Pakhat a awnh tik ah, an zapi in an awn dih.
- ZEITIKHMANH ah meikhu theiternak(alarm) cu a battery pawl phonghnak in silole vampaing in phyoh silole siling(ceiling) in phonghnak in rian ttuan kho lo in, chikhat ca asi hmanh ah tuah hrim hlah Theiternak(alarm) kong kha phih a fawi cu nih cun na chungkhar tthnung chung ah a chiah hna lai.
- A hna chetmi silole aww theihnak lei aa harhmi minung pawl caah tthnung kho a ruang cu meikhu theiternak(alarm) aww kha an thei lo kho. Ihkhun cawltertu theiternak(alarm) le mei ceu in meikhu theiternak pawl telh in a hna chetmi le aww theihnak lei aa harhmi minung pawl ralrin pek nak thilri pawl an um.

Minute-2 Meikhangh Chuahnak Timtuahnak Cawng



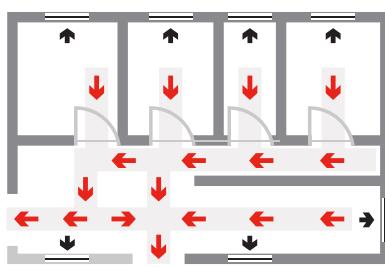
Ho paoh nih tuahding le minute pahnih chung ah an chuah khawh dih nak hnga na chungkhar he inn kangh in chuahnak timtuahnak ser law cawng tti uh:

- Inn Khaan paoh in leng ah chuahnak lam pahnih in kawl. A pakhatnak lam cu innkaa in chuahnak lam asi tawn. A pahnihnak lam cu thlalang awng silole a pahnihnak innka in ashi kho. Meikhu silole meialh nih a pakhatnak lam an kham sual ah chuahnak lam pahnih na herh.
- Na chuahnak lam pawl cu thian ter dih cun inn hman thilri, silole sehtilri pawl nih a kham lo nak hnga ttha tein zoh fel.
- Ho paoh an him dih hngalh nak ding caah inn kanghnak in chuah hnu ah zapi i tonnak ding a himnak hmun pakhat in thim.
- Bawhte, kumno ngakchia, tar le pumtlantlinglo, she bawmh hau mi hna telh in a hlei in bawmhnaak a herh kho mi hna caah account tuah piak hna. A herh ahcun, mi pakhat khat nih bawmh ding minthutnak a tuah ding zoh fel cun ho paoh nih an hman khawh ding chuahnak lam ngeih ding zoh fel.

◀ Pakhatnak Chuahnak Lam
◀ Pahnihnak Chuahnak Lam



Aleng Tonnak Hmun



Chuahnak timtuahmi cu kum khat ah voi hniih cawnnak tuah Na chungkhar vialte he. Ho paoh theihter hna:

- Nan inn in mei kangh hram aa thok ahcun, him tein chuahnak ding ah minute pahnih nak tlawm caan na ngei kho.
- Chuak law lam hlat ah um!** Zei thil paoh chia ta dih law a si khawh chung in rang tein chuak. ZEITIKHMANH ah a kang lio mi inn chung ah kir tthan hlah.
- Meikhu silole mei nih na lam a phih ahcun, a dang chuahnak lam hmang. Meikhu lak ah na kal hrim a hauh ahcun, **kun law kal** meikhu tang in chuahnak lei ah kal
- Nan timh cia mi a leng tonnak hmun ah **na innchung khar um mi vialte** nih ton ding in timtuahnak an ngeih awk asi.
- Na inn leng ii a himnak hmun in 911 chawn.**

Thlalang awng ah vennak thirtung an um ahcun, rang tein na chuah khawh nak ding in tuah hrim. Ho paoh nih an hman thiam nak hnga zoh fel. Dot hniihnak ihnak hmun pawl caah chuahnak ar-hlei ruat chih.

Chungkhar-Cawhmi Inn/Asangmi Inn pawl:

- Meikangh nak in a leng ah chuahnak a um ahcun, laakhruak in a can sual tik ah zeitin hman asi timi hngalh i zuam.
- Na inn chuahnak timtuahnak hngal. Na zel ttuang cung i mei innka le mei-himnak hlei pawl theifiang. Na umnak hmun le meikanghnak in chuahnak hmun kar innkaa pazei zah a um timi relnak in cawng. Mah nih hin na lung nih a kar lak aa hlat a theih caah khuamui lak in chuahnak ah bawmh khawh lai.
- Zeitikhmanh ah mei kangh lio ah seh-hlei(elevator) hmang hlah.

Prepare so you can protect.

| Thawngpang tam deuh theihnak ah, redcross.org/prepare ah kal | Emergency App download tuah

